



LONDONKARATE

GOOD MANNERS
RESPECT
DISCIPLINE



Contact us at:

07538 497 798

contact@londonkarate.co.uk



LondonKarateUK

www.londonkarate.co.uk

Karate Classes at Alexandra School on Thursdays

What we do:

Karate classes for children age 4+.

Karate is a fantastic way to improve **Self-Esteem** and **Self-Control**. It also helps build **Self-Confidence**. Classes are fun and engaging whilst focusing on **Good Manners, Respect, Discipline** and **Self Defence**



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