

P.E Termly Overview	<u>Autumn</u>		<u>Spring</u>		<u>Summer</u>	
Year R Indoor	Gymnastics	Gymnastics	Dance	Dance	Gymnastics	Gymnastics
Year R Outdoor	Intro to P.E and Equipment	Intro to P.E and Equipment	Throwing, Jumping and Kicking	Throwing, Jumping and Kicking	Locomotor Skills Running	Locomotor Skills Running
Year 1 Indoor	Gymnastics	Gymnastics	Dance	Dance	Gymnastics	Gymnastics
Year 1 Outdoor	Invasion Games	Invasion Games	Striking and Fielding	Striking and Fielding	Net, Wall and Target Athletics	Net, Wall and Target Athletics
Year 2 Indoor	Gymnastics	Gymnastics	Dance - Gugafit	Dance	Gymnastics	Gymnastics
Year 2 Outdoor	Invasion Games	Invasion Games	Striking and Fielding	Striking and Fielding	Net, Wall and Target Athletics	Net, Wall and Target Athletics
Year 3 Indoor	Gymnastics	Gymnastics	Dance	Dance	Gymnastics	Gymnastics
Year 3 Outdoor	Netball	Hockey	Basketball	Cricket	Tennis	Athletics/OAA
Year 4 Indoor	Gymnastics	Gymnastics	Dance	Dance	Gymnastics	Gymnastics
Year 4 Outdoor	Netball	Hockey	Basketball	Cricket	Tennis	Athletics/OAA
Year 5 Indoor	Gymnastics	Gymnastics	Dance	Dance	Gymnastics	Gymnastics
Year 5 Outdoor	Netball	Tag Rugby	Volleyball	Tennis	Cricket	Athletics/OAA
Year 6 Indoor	Gymnastics	Gymnastics	Dance	Dance	Gymnastics	Gymnastics
Year 6 Outdoor	Tag Rugby	Hockey	Volleyball	Badminton	Rounders	Athletics/OAA

Every year group does daily exercise in the form of the Daily Mile, Skipping or Circuit based exercises.

Years 4 and 5 have Fitness on Fridays most half terms.